

Worcester County Substance Use Treatment and Prevention Guide



Glossary of Terms

ATS - Detox or Acute Treatment Services are medically monitored detoxification (detox) services. These are IP programs with 24- hour care.

CSS - Clinical Stabilization/Step-Down Services provide clinical stabilization for those leaving detoxification or for those in need of acute treatment but do not require ATS.

IP - Inpatient

IOP - Intensive Outpatient Program

MAT - Medicated Assisted Treatment includes pharmacological interventions in addition to professional counseling.

OP - Outpatient

SOAP - Structured OP Addiction Program

SUD - Substance Use Disorder

TSS - Transitional Support Services are short-term residential programs for those who need additional stabilization after detox. These programs provide 24- hour support and assist in Individual Service Plans.

Treatment

Organization	Contact Information
AdCare Hospital	Phone: 508-799-9000 x4300 (IP Adults) Phone: 508-453-3053 (OP adults) Locations: Several Website: www.AdCare.com
Barre Family Health Center	Phone: 978-355-6321 (OP/ MAT)
CAC Worcester	Serving: Adults and Youth Locations: Fitchburg- Phone: 978-345-9400 (OP/IOP/SOAP) E-mail: info@cacworchester.org Worcester- Phone: 508-756-5400 (OP/IOP/SOAP) Phone: 508-756-2005 (OP/IOP/SOAP) Website: www.cacworchester.org
CleanSlate	Locations: Worcester- Phone: 508-471-5600 (OP/ SOAP) Leominster- Phone: 978-227-1046 (OP/ SOAP) Website: www.CleanSlatecenters.com
Clinical & Support Options	Serving: Adults and Youth Locations: Gardner- Phone: 978-632-9400 (OP/IOP/SOAP) Website: www.csoinc.org
Community Healthlink	Serving: Adults and Youth Phone: 508-860-1200 Locations: Fitchburg- Phone: 978-401-3970 (OP/IOP/SOAP) Leominster- Phone: 978-534-6116 (OP/IOP/SOAP) Worcester- Phone: 508-421-4411-5400 (IP) adults Worcester- Phone: 508-860-1260 (OP/IOP/SOAP) adults Website: www.communityhealthlink.org
Dana Day Treatment Center and Residential Treatment Services at the Quabbin Retreat	Serving: Adults Phone: 978-724-0012 (OP/IOP) Website: www.heywood.org
Fitchburg Comprehensive Treatment Center	Serving: Adults and Youth Phone: 978-343-6300 (OP/IOP/SOAP)
Harrington Healthcare Behavioral Health	Serving: Adults Phone: 508-765-2725 (OP/SUD/Dual Diagnosis) Locations: Webster-Phone: 508-640-2986 (IP) Southbridge- Phone: 508-765-9167 (IP) Website: www.harringtonhospital.org
Lake Avenue Recovery	Phone: 508-794-4400 Website: www.lakeavererecovery.com
Living In Freedom Together (LIFT)	Phone: 508-762-9660 Email: lift@liftworchester.org Website: www.liftworchester.org
Massachusetts Substance Abuse Helpline	Serving: Adults and Youth Phone: 800-327-5050 Website: www.helplinema.org

McLean Hospital Ambulatory Treatment Center at Naukeag	Serving: Adults Phone: 978-756-5100 (OP/dual diagnosis) Website: www.mcleanhospital.org/treatment/naukeag
Fernside Recovery Program	Serving: Adults Phone: 844-222-6037 (IP dual diagnosis) Phone: (978) 464-2331 Website: www.mcleanhospital.org/treatment/fernside
Recovery Centers of America	Serving: Adults Phone: 800-732-6837 (IP) Locations (multiple): Westminster- Phone: (978) 571-6050 Website: www.rcawestminster.com
Salvation Army Adult Rehabilitation Centers	Phone: 508-799-0528 (IP/residential)
Spectrum Health Systems	Serving: Adults Locations: Intake- Phone: 800-464-9555 (OP) Westborough- Phone: 800-366-7732 (IP) Website: www.spectrumhealthsystems.org
St. Vincent Hospital Behavioral Health	Serving: Adults and Youth/16+ Phone: 508-363-6198 (IP) Phone: 774-420-3844 (OP) Website: www.stvincenthospital.com
Veterans, Inc.	Serving: Adults (priority for veterans) Phone: 800- 482-2565 (IP/OP/residential) Website: www.veteransinc.org
Washburn House	Serving: Adults Phone: 800-717-3019 (IP/MAT/residential) Website: www.washburnhouse.com

Counseling Services

Organization	Contact Information
Advocates Community Counseling	Serving: Adults/Youth/Families Phone: 978-772-1846 Website: www.advocates.org
AIDS Project Worcester	Serving: Adults/Youth/Families Phone: 508-755-3773 Website: www.aidsprojectworchester.org
Arbour Counseling Services	Serving: Adults/Youth/Families Phone: 508-799-0688 Website: www.arbourhealth.com
Center Tree Counseling	Serving: Children/ Adolescents Phone: 508-731-9006 Website: www.centertreecounseling.com
Centro	Serving: Adults/Youth/Families Locations: Worcester- Phone: 508-798-1900 Fitchburg- Phone: 978-343-5836 Website: www.centroinc.org
Community Health Connections	Serving: Adults/Youth/Families Locations: Multiple Phone: 978-878-8100 Website: www.chcfhc.org
Community Healthlink	Serving: Adults and Youth Locations: Multiple Phone: 800-977-5555 (crisis intervention) Webiste: www.communityhealthlink.org
Community Impact Inc.	Serving: Adults/Youth/Families Phone: 508-422-0242 (OP) Website: www.communityimpactinc.net
Crossroads Counseling	Serving: Adults/Youth/Families Phone: 781-431-2277 (OP/MAT) Website: www.crossroads-agency.com
Family Continuity	Serving: Adults/Youth/Families Phone: 508-755-0556 Website: www.familycontinuity.org
Family Health Center	Serving: Adults/Youth/Families Phone: 508-860-7700 Website: www.fhcw.org
Family Services of Central Massachusetts	Serving: Adults Phone: 508-756-4646 (OP) Website: www.fscm.org
Listening Wellness Center of Barre	Serving: Adults/Youth/Families Phone: 978-355-3501 Website: www.listeningwellness.org
LUK	Serving Youth Locations: Fitchburg-Phone: 978-345-0685 (OP) Webster- Phone: 508-640-0011 (OP) Worcester- Phone: 508-762-3000 (OP)

	Website: www.luk.org
Multicultural Wellness Center	Serving: Adults/Youth/Families Phone: 508-752-4665 Website: www.multiculturalwellness.org
New Beginnings Wellness Center	Serving: Adults/Youth/Families Phone: 508- 754-1141 Website: www.newbeginningswc.com
Real You Revolution	Serving: Adults/Youth/Families Phone: 774-329-4393 Website: www.realyourevolution.com
Regional Re-entry Center	Serving: Those released from incarceration Phone: 508-753-7252 Website: www.mass.gov
Riverside Outpatient Center	Serving: Adults Phone: 508-529-7000 Website: www.riversideecc.org
South Bay Community Services	Serving: Adults Locations: Leominster- Phone: 978-870-1840 (OP) Worcester- Phone: 508-791-4976 (OP) Website: www.southbaycommunityservices.org
Spectrum Health-Everyday Miracles	Serving: Adult Peer Support Phone: 508-799-6221 Website: www.spectrumhealthsystems.org
Wayside Youth and Family Support Network	Serving: Youth and Families Phone: 508-879-9800 Website: www.waysideyouth.org
YOU, Inc.	Serving: Youth Phone: 855-496-8462 Website: www.youinc.org

Support Services/Youth Resources

Organization	Contact Information
A.E.D Foundation/Alyssa's Place	Peer support/housing/prevention Phone: 978-364-0920 Website: www.AEDfoundationinc.org
Central Mass. Area Narcotics Anonymous	Phone: 866-624-3578 Website: www.centralmassNA.org
Everyday Miracles	Serving: Adult Peer Support Phone: 508-799-6221 Website: www.spectrumhealthsystems.org
H.A.L.O	Serving: Peer-led support group after loss Locations: Worcester- Phone: 508-755-5041 (Aileen Lovejoy) Phone: 508-248-5622(Deb Dowd-Foley) Fitchburg Phone: 978-314-7889 (Michelle Dunn) Email: nextstepgriefgroup@gmail.com
Learn to Cope	Serving: Family Support/Narcan Training Phone: 508-738-5148 Website: www.learn2cope.org
NOVA (No One Walks Alone)	Phone: 508-266-0210 Website: https://nowarsc.org/
Worcester Area Intergroup	Phone: 508-752-9000 Website: www.aaworcester.org
Youth Resources	
Rockdale Recovery High School	Serving: Supportive high school for students in recovery Phone: 508-538-9100
Youth Residential Programs	
Living In Freedom Together: HARBOR	Phone: 508-556-6101 Email: lift@liftworchester.org Website: www.liftworchester.org/harbor
Spectrum Young Adult	Serving: Residential for Males, 18-25 years old. Phone: 508-898-1570 x2100
Youth Detox programs	
Motivating Youth Recovery (MYR)	Phone: 508-860-1244 Website: www.communityhealthlink.org

Recovery Homes

Organizations	Contact Information
<i>Recovery Housing (Males)</i>	
Channing House	Phone:508-755-8088
Crozier House	Phone:508-860-2251 Website: www.ccworc.org
GAAMHA-Pathway House	Phone:978-632-0934 Website: www.gaamha.com
Green House	Phone: 508-421-4403 Website: www.communityhealthlink.org
The Hector Reyes House	Phone:508-459-1801 Website: www.lahaworc.org
Jeremiah's Inn	Phone: 508-755-6403 Website: www.jeremiahsinn.com
Fernside—a McLean Hospital Signature Recovery Program	Phone: 800-906-9531 Website: www.mcleanhospital.org
McLean Hospital- Ambulatory Treatment Center at Naukeag	Phone:800-230-8764 Website: www.mcleanhospital.org
<i>Recovery Housing (Females)</i>	
Beryl's House	Phone: 508- 519-3787 or 508- 519-3787
Faith House	Phone: 508-438-5625
Linda Fay Griffin	Phone: (508) 755-8990
Living In Freedom Together: Jana's Place	Phone: 508-762-9660 Email: lift@liftworchester.org Website: www.liftworchester.org/janas-place
Fernside—a McLean Hospital Signature Recovery Program	Phone:800-906-9531 Website: www.mcleanhospital.org
McLean Hospital- Ambulatory Treatment Center at Naukeag	Phone:800-230-8764 Website: www.mcleanhospital.org

Family Residential Services/Faith-Based Options

Organization	Contact Information
Dismas House	Serving: Residential Re-Entry from Incarceration Locations: Worcester/Oakham- Phone: 508-799-9389 Website: www.dismasisfamily.org
Orchard Street	Phone: 978-537-3109 Website: www.communityhealthlink.org
<i>Faith-Based</i>	
Catholic Charities	Phone: 508-798-0191 Website: www.ccworc.org
Celebrate Recovery	Website: www.celebraterecovery.com
New England Aftercare Ministries	Website: www.thebridgehouse.org/wp/
North Uxbridge Baptist Church	Email: jachimczyk@northuxbridgebaptist.com
Teen Challenge	Website: www.tcnwengland.org

Medicated Assisted Treatment & Detox Services

Organization	Contact Information
CleanSlate	Phone: 833-505-4673 Website: www.CleanSlatecenters.com
Edward M. Kennedy CHC	Phone: 508-595-1150 Website: www.kennedychc.org
Spectrum Outpatient Services	Locations: Worcester- Phone: 508-854-3320 or 508-797-6100 Milford- Phone: 508-634-1877 Southbridge- Phone: 508-765-5940 Website: www.spectrumhealthsystems.org
<i>Detox Services</i>	
AdCare Hospital	Phone: 800-345-3552
Community Healthlink	Phone: 508-860-1200
Harrington Co-occurring Disorders Unit	Phone: 508-764-5061
New England Center for Addiction (RCA)	Phone: 617-409-2427
New England Recovery Center	Phone: 877-697-3422
Spectrum	Phone: 800-366-7732
Sunrise Detox	Phone: 508-581-5225 Website: www.sunrisedetoxmillbury.com

Hotlines

Organization	Contact Information
Living In Freedom Together: HARBOR	Phone: 508-556-6101 Email: lift@liftworchester.org Website: www.liftworchester.org/harbor
Massachusetts Rehabilitation Commission	Phone: 800-245-6543
Massachusetts Substance Abuse Information Helpline	Phone: 800-327-5050
PAATHS (Providing Access to Addictions Treatment, Hope and Support)	Phone: 855-494-4057
SAMHSA (Substance Abuse Mental Health Admin)	Phone: 877-726-4727