

Worcester County Substance Use Treatment and Prevention Guide



Glossary of Terms

ATS - Detox or Acute Treatment Services are medically monitored detoxification (detox) services. These are IP programs with 24- hour care.

CSS - Clinical Stabilization/Step-Down Services provide clinical stabilization for those leaving detoxification or for those in need of acute treatment but do not require ATS.

IP - Inpatient

IOP - Intensive Outpatient Program

MAT - Medicated Assisted Treatment includes pharmacological interventions in addition to professional counseling.

OP - Outpatient

SOAP - Structured OP Addiction Program

SUD - Substance Use Disorder

TSS - Transitional Support Services are short-term residential programs for those who need additional stabilization after detox. These programs provide 24- hour support and assist in Individual Service Plans.

To add, remove or change information in this guide, please contact jill.wooldridge@mass.gov

Treatment	Treatment	Counseling Services
<p>AdCare Hospital 508-799-9000 x4300 (IP Adults) 508-453-3053 (OP adults) www.AdCare.com</p> <p>Barre Family Health Center 978-355-6321 (OP/ MAT)</p> <p>CAC Worcester Locations serving adults and youth Fitchburg 978-345-9400 (OP/IOP/SOAP) 978-696-3035 (OP/IOP/SOAP) Worcester 508-756-5400 (OP/IOP/SOAP) 508-756-2005 (OP/IOP/SOAP) www.cacworcester.org</p> <p>CleanSlate Locations Leominster and Worcester 833-505-4673 (OP/ SOAP) www.CleanSlatecenters.com</p> <p>Clinical & Support Options Gardner location serving adults and youth 978-632-9400 (OP/IOP/SOAP) www.csoinc.org</p> <p>Community Healthlink Fitchburg (OP/IOP/SOAP) 978-401-3970 adults/youth Leominster (OP/IOP/SOAP) 978-534-6116 adults/youth Worcester (IP) 508-421-4411-5400 adults Worcester (OP/IOP/SOAP) 508-860-1260 adults</p> <p>Community Healthlink 508-860-1200 www.communityhealthlink.org</p> <p>Dana Day @ Quabbin Retreat 978-724-0012 (18 + adult OP/IOP) www.heywood.org</p> <p>Fitchburg Comprehensive Trt Ctr Serving adults and youth 978-343-6300 (OP/IOP/SOAP)</p> <p>Harrington Healthcare Behavioral Health Serving adults with several locations 508-765-2725 (OP/SUD/Dual Diagnosis) Webster 508-640-2986 (IP) www.harringtonhospital.org</p>	<p>Lake Avenue Recovery 508-794-4400 www.lakeavererecovery.com</p> <p>Mass. Substance Abuse Helpline Real time treatment availability 800-327-5050 (serving all) www.helplinema.org</p> <p>McLean Hospital Ambulatory Trt. Ctr @ Naukeag 978-756-5100 (OP/dual diag. adults)</p> <p>Fernside Recovery Program 844-222-6037 (IP dual diag. adults) www.mcleanhospital.org</p> <p>New Beginnings Wellness Center Serving adults and youth Leicester 508-892-5500 Worcester 508-754-1141</p> <p>Recovery Centers of America 800-732-6837 (IP-adults) www.rcawestminster.com</p> <p>Salvation Army Adult Rehab Ctr. 508-799-0528 (IP/residential)</p> <p>Spectrum Health Systems Serving adults with several locations 800-464-9555 (OP) 800-366-7732 (IP) www.spectrumhealthsystems.org</p> <p>St. Vincent Hospital Behavioral Health 508-363-6198 (IP adults/youth 16+) 774-420-3844 (OP adults/youth 16+) www.stvincenthospital.com</p> <p>Veterans, Inc. 508-845-6176 (IP/OP/residential) Adults (priority for veterans) www.veteransinc.org</p> <p>Washburn House 800-717-3019 (adults IP/MAT/residential) www.washburnhouse.com</p>	<p>Advocates 978-772-1846 (adults/youth/families) www.advocates.org</p> <p>AIDS Project Worcester 508-755-3773 (adults/youth/families) www.aidsprojectworcester.org</p> <p>Arbour Counseling 508-799-0688 (adults/youth/families) www.arbourhealth.com</p> <p>Center Tree Counseling 508-731-9006 (children/adolescents) www.centertreecounseling.com</p> <p>Centro Adults/Youth/Families Worcester 508-798-1900 Fitchburg 978-343-5836 www.centroinc.org</p> <p>Community Health Connections 978-878-8100 (adults/youth/families) www.chcfhc.org</p> <p>Community Healthlink Serving adults/youth in several locations 800-977-5555 Crisis intervention www.communityhealthlink.org</p> <p>Community Impact OP for adults/youth/families Milford 508-422-0242 www.communityimpactinc.net</p> <p>Crossroads Counseling 508-795-1611 (adults/youth/family) OP/MAT www.crossroads-agency.com</p> <p>Family Continuity 866-219-3320 (adults/youth/family) www.familycontinuity.org</p> <p>Family Health Center 508-860-7700 (adults/youth/family) www.fhcw.org</p>

Counseling Services	Support Services/Youth Resources	Recovery Homes
<p>Family Services of Central MA 508-756-4646 (adult OP) www.fscm.org</p> <p>Listening Wellness Center of Barre 978-355-3501 (adults/youth/family) www.listeningwellness.org</p> <p>LUK OP serving youth Fitchburg 978-345-0685 Webster 508-640-0011 Worcester 508-762-3000 www.luk.org</p> <p>Multicultural Wellness Center Worcester 508-752-4665 (adults/youth/family) www.multiculturalwellness.org</p> <p>New Beginnings 508-892-5500 (adults/youth/family) www.newbeginningswc.com</p> <p>Real You Revolution 774-545-5981 (adults/youth/family) www.realyourevolution.com</p> <p>Regional Re-entry Center 508-753-7252 (those released from incarceration) www.mass.gov</p> <p>Riverside OP Center 508-529-7000 (adults) www.riversidecc.org</p> <p>South Bay Community Serv. Leominster 978-870-1840 (adult OP) Worcester 508-791-4976 (adult OP) www.southbaycommunityservices.org</p> <p>Spectrum Health-Everyday Miracles 508-799-6221 (adult peer support) www.spectrumhealthsystems.org</p> <p>Wayside Youth and Family Support Network 508-745-6294 (youth and family) www.waysideyouth.org</p> <p>YOU, Inc. 855-496-8462 (serving youth with 32 sites) www.youinc.org</p>	<p>A.E.D Foundation/Alyssa's Place Peer support/housing/prevention www.AEDfoundationinc.org</p> <p>Central Mass. area Narcotics Anonymous 866-624-3578 www.centralmassNA.org</p> <p>Everyday Miracles 508-799-6221 (adult peer support) www.spectrumhealthsystems.org</p> <p>H.A.L.O Peer led support group after loss Worcester 508-755-5041 Aileen Lovejoy 508-248-5622 Deb Dowd- Foley nextstepgriefgroup@gmail.com Fitchburg 978-314-7889 Michelle Dunn</p> <p>Learn to Cope Family support/Narcan Training 508-738-5148 www.learn2cope.org</p> <p>NOVA (No One Walks Alone) 508-488-5096 Whitinsville</p> <p>Worcester InterGroup 508-752-9000 (Central MA listings) www.aaworcester.org</p> <p><i>Youth Resources</i> Rockdale Recovery High School Supportive HS for students in recovery 508-854-4939</p> <p><i>Youth Residential Programs</i></p> <p>Highland Grace House Residential for females 13-17 774-420-2143 Worcester</p> <p>Spectrum Young Adult Residential for males 18-25 508-898-1570 x2100 Westborough</p> <p><i>Youth Detox programs</i> Motivating Youth Recovery (MYR) 508-860-1244 www.communityhealthlink.org</p>	<p><i>Recovery Housing (males)</i> Channing House 508-755-8088 Worcester</p> <p>Crozier House 508-860-2251 Worcester www.ccworc.org</p> <p>GAAMHA-Pathway House 978-632-0934 Gardner www.gaamha.com</p> <p>Green House 508-421-4403 Worcester www.communityhealthlink.org</p> <p>Hector Reyes 508-459-1801 Worcester www.lahaworc.org</p> <p>Jeremiah's Inn 508-755-6403 Worcester www.jeremiahsinn.com</p> <p>McLean Center @ Fernside 800-906-9531 Princeton www.mcleanhospital.org</p> <p>McLean Hospital @ Naukeag 800-230-8764 Petersham www.mcleanhospital.org</p> <p><i>Recovery Housing (Females)</i> Beryl's House 844-746-9111 Worcester</p> <p>Faith House 508-438-5625 Worcester</p> <p>Linda Fay Griffin 508-854-4939 Worcester</p> <p>Jana's Place 774-243-6028 Worcester</p> <p>McLean Center @ Fernside 800-906-9531 Princeton McLean Hospital @ Naukeag 800-230-8764 Petersham www.mcleanhospital.org</p> <p>Rhodes House-SMOC 508-581-7821 Millbury www.smoc.org</p>

Family Residential Services/Faith Based Options	Medicated Assisted Treatment & Detox Services	Hotlines
<p>Dismas House Residential re-entry from incarceration 508-799-9389 Worcester/Oakham www.dismasisfamily.org</p> <p>Orchard Street 978-537-3109 Leominster www.communityhealthlink.org</p> <p><i>Faith Based</i></p> <p>Catholic Charities 508-798-0191 www.ccworc.org</p> <p>Celebrate Recovery www.celebraterecovery.com</p> <p>New England Aftercare Ministries www.thebridgehouse.org/wp/</p> <p>North Uxbridge Baptist Church jachimczyk@northuxbridgebaptist.com</p> <p>Teen Challenge www.tcnewengland.org</p>	<p>CleanSlate 833-505-4673 www.CleanSlatecenters.com</p> <p>Edward M. Kennedy CHC 508-595-1150 Worcester www.kennedychc.org</p> <p>Spectrum OP Services 508-854-3320 Worcester 508-797-6100 Worcester 508-634-1877 Milford 508-765-5940 Southbridge www.spectrumhealthsystems.org</p> <p><i>Detox Services</i></p> <p>AdCare Hospital 800-345-3552 Worcester</p> <p>Community Healthlink 508-860-1200 Worcester</p> <p>Harrington Co-occurring Disorders Unit 508-764-5061 Webster</p> <p>New England Center for Addiction (RCA) 617-409-2427 Westminister</p> <p>New England Recovery Center 855-722-1188 Westborough</p> <p>Spectrum 800-366-7732 Westborough</p> <p>Sunrise Detox 508-581-2552 Millbury www.sunrisedetoxmillbury.com</p>	<p>Massachusetts Rehabilitation Commission 800-245-6543</p> <p>Mass. Substance Abuse Information Helpline 800-327-5050</p> <p>Providing Access to Addictions Treatment, Hope and Support 855-494-4057</p> <p>SAMHSA (Substance Abuse Mental Health Admin) 877-726-4727</p>