

**TO MAKE A REFERRAL,
PLEASE CONTACT US**



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CHILD TRAUMA TRAINING CENTER (CTTC)



The Child Trauma Training Center



Our Mission is to improve the health and well-being of children and youth affected by trauma

throughout Central and Western Massachusetts. As of 2015, we have expanded to the Boston and Northern MA Regions thanks to generous funding from the Lookout Foundation.

The CTTC has three main goals:

- 1) Improving the identification of trauma and traumatic stress symptoms in children by widely disseminating training for professionals;
- 2) Improving access to treatment for children and their caregivers who have experienced trauma and adversity; and
- 3) Broadly disseminate high quality, family-focused, culturally competent training in an evidence-based treatment to clinicians who work with trauma-affected children.



Trauma-Informed Trainings

- ◆ We provide a variety of trainings in childhood trauma to help develop, enhance and strengthen the ability of child-serving professionals to identify and screen for trauma-related symptoms, and to make referrals to evidence-based trauma treatments. Professional groups we collaborate with include: pediatricians, law enforcement, courts, attorneys, and schools.

Centralized Referral System

- ◆ We have established a toll-free number (1-855-LINK-KID) for families and the community to streamline the link between children who need evidence-based trauma treatment and mental health providers who have been trained in these treatments.
- ◆ We have developed a large network of providers across the region. The primary goal of the Centralized Referral System is to help youth receive treatment for trauma in a timely, evidence-based, family-focused, family-engaged manner.

We are able to make referrals to treatment for ages 0-18. Treatments include Attachment, Self Regulation, and Competency (ARC), Trauma Focused Cognitive Behavioral Therapy (TF-CBT), and Child Parent Psychotherapy (CPP).

Evidence-Based Trauma Treatment Training

- ◆ We offer training and consultation in Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) to clinicians and supervisors in order to increase the number of providers trained in evidence-based trauma treatment.
- ◆ TF-CBT is the most rigorously tested treatment for trauma in children, with research supporting that TF-CBT is more effective than therapy as usual for traumatized children.
- ◆ TF-CBT is a time-limited, components-based trauma-focused model that involves child sessions, parent sessions, and combined parent-child sessions.
- ◆ The goal for providing training and consultation in TF-CBT is to increase access to treatment services for youth who have experienced trauma and families in Worcester and Hampden counties.
- ◆ We will be providing additional training in applications of TF-CBT for court-involved youth and military families.